

WHO'S IN CONTROL?

By Dr. Peter Robbins

Practical Help for Parents of Adolescents and Teens....

Are you struggling with your child or teen? Do you need to get back control and be the “parent”? Take the survey below and if you have answers that reveal some behaviors that you want and need to change, contact us to schedule an appointment. You will be glad you did!

Please circle the most appropriate answer:

True False Punishment works to change behavior

True False Rules are necessary to control conflict with children

True False Children should settle their own conflicts

True False I generally know when my children are lying or being honest

True False My children never try to avoid doing chores

True False My children always complete their chores without following up and supervision

True False It is not difficult for me to refrain from anger with my children

True False My children often have conflict with siblings or friends

True False My children are difficult to supervise

True False My children obey with warnings

I am a: Single Parent Married Parent

I am: Male Female

My Children have conflict: Seldom Sometimes Often

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