FAMILY CHORES LIST

DR. PETER ROBBINS

Daily	Weekly	Every other Week	Monthly	Every so Often
wash dishes	take trash out		clean oven	up Xmas lights
make bed	bring trash in		change bed sheets	down Xmas lights
make breakfast	vacuum/sweep		trim trees/plants	clean gutters
make lunch	clean bathroom(s)		groom pets	trim Xmas tree
make dinner	mow lawn		detail car(s)	buy Xmas tree
take pet out	water lawn/plants		wash dog	clean garage
pet: food/water	pay bills		recycle cans/bottles	wash windows
get mail	buy groceries		buy dog food	clean balcony
take out trash	put away groceries		, , , , , , , , , , , , , , , , , , , ,	change auto oil
pick up pet mess	clean floors			clean patio furniture
kids to school	refill soap dispensers			clean out closets
pick up kids	wash/dry clothes			change shower curtains
clean kitchen	fold laundry			clean out refrigerator
set table	put away laundry			clean out freezer
clear table	clean/straighten			wax vehicles
	living/family rooms			
Load dishwasher	dust house			
Unload dishwasher	wash car			
Homework	clothes to cleaner			
Help with	clothes from cleaner			
homework				
	wash rugs/mats			
	put chemical in pool			
	vacuum pool			
	rack leaves			
	buy supplies			
	empty house trash			
	go to bank			
	gas for vehicles			
	change litter box			
	brush dog			
	rack leaves			

How to use the Family Chores List

- 1. Items in the above list are the most common found in most families. Cross out those that do not apply to your family and add any that are unique to your family.
- 2. The parents put their initials by the chores that only they are able to do. Then
- 3. Each person in the family put their initials next to the chore that they would enjoy doing. Then
- 4. Each person in the family puts their initials next to the chore that they would be willing to do. Then
- 5. There will remain those chores that **no one really likes to do**. With these chores, put them on a **rotation** basis that that no one person gets "stuck" doing the unwanted chore.
- 6. Most chores will not have specific times to be completed. For those chores that do have a deadline, please add this next to the chore.
- Make several copies of the completed list (somehow they get lost [©]), and post one on the inside of a kitchen cupboard.
- 8. Folks can "trade" chores but these changes must be updated on the list.
- 9. If there's a dispute over who is supposed to do what and when, go to the list.