The Seven Pillars of Family Life

Rank order what you argue about #1 most #7 least or not at all



TIME – How are we spending our time together as a couple, family, and apart? Is it fair and reasonable and does it build our marriage?

SOLUTION: A family calendar



MONEY – Who controls our money? Husband? Wife? Budget? Do we have a comprehensive budget (Cash Management Plan [TurningPointStewardship.com]? Are we keeping it updated and use it regularly? This is our financial "gas gauge." Do we have enough "fuel" to achieve our financial goals? How do we know this?

SOLUTION: A cash management plan



CHORES – Things need to happen at home to keep the home running smoothly and fairly. Who does what, when, and how often? Is it clear? Is it fair? Does it involve everyone? The list involves Daily, Weekly, Every Other Week, Monthly, and Every-so-often chores.

SOLUTION: A Family Chores List



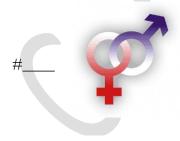
SPACE/STUFF – How do we share the space and stuff of our home? Is it fair and reasonable? Is it clear? How do we share our private and public space and stuff?

SOLUTION: A Family Policy on Sharing Space and Stuff



RELATIONSHIPS – How do we have relationships with our God, each other, our children, our extended family, friends [same sex and opposite sex], and church?

SOLUTION: A Family Policy on Relationships



SEX – Agreeing on frequency, "What?" and "How?" are uncomfortable areas of discussion for most couples. Couples often avoid having the talk and hurt feeling and frustration result.

SOLUTION: Having the "Talk" in a safe environment seeking a win-win outcome



PARENTING – How do we care for and disciple our children? What are the roles of a father and a mother? Who do we allow to care for and disciple our children?

SOLUTION: A Family Policy on Parenting

Dr. Peter Robbins, Ph.D.

Clinical Psychologist ~ Marriage and Family Therapist TurningPointCounseling.com ~ 800-998-6329